

Reiki with Christine
Consent Form



Reiki is a holistic modality that acts on all levels – physical, mental, emotional and spiritual. It promotes relaxation, stimulating one’s own natural healing mechanisms.

Reiki touch is light and non-manipulative, and touch is not necessary for an effective treatment.

Safety: There are no known dangers or contraindications.

Potential Benefits: relaxation, pain relief, accelerated healing, a sense of peace, balance and/or calm, enhanced spiritual connection, increased self-awareness and emotional release. Every treatment is unique and no particular outcome can be guaranteed.

For conditions that you believe are serious, you are strongly encouraged to explore other treatment options, as appropriate.

Please list any issues you would like me to know about (i.e. body parts that are sensitive due to injury): _____

Please indicate your preference: Light appropriate touch _____ A touch-free treatment _____

Name (print): _____

Signature: _____ **Date:** _____

Phone and/or Email: _____

Emergency Contact: _____

Email List? Would you like to join Christine’s email list and receive 50% off a Reiki treatment within 7 days of your birthday? If YES, please provide your birthday and be sure to provide your email address above. Birthday: Month _____ Day _____